

Linnard-Palmer

Safe Maternity & Pediatric Nursing Care

Answers to Review Questions, BC1-1

Answers to Review Questions

1. 1, 2, 3, 4, 5
2. 2
3. 2
4. 2
5. 1, 2, 3, 4

# 1

## Study Guide Answers

### Answers to Learn to C.U.S.

#### Short Answer Question

A 15 y.o. patient, Zoya, is being seen in the surgical clinic as a follow-up visit after being hospitalized for 5 days with acute appendicitis. While taking her vital signs and checking her in, you note that she exhibits signs of drug use and clinical depression. During one tearful exchange, Zoya disclosed suicidal thoughts brought on by grief from the recent suicide of a friend. Zoya's parents are dismissive of Zoya's fragile emotional state. The physician is unaware of these issues. Using the Quality and Safety in Nursing Education (QSEN) competencies of effective communication, teamwork, and safety, how might you approach your clinic's charge nurse to report the above situation and provide safety for this teenage girl? Use the Learn to C.U.S. method of communication:

*C: I am concerned with Zoya's disclosure of her emotional state and possible drug use.*

*U: I am uncomfortable with how tearful she is and her reference to a recent suicide of her friend.*

*S: I think we have a safety issue that requires close monitoring of this patient and immediate reporting of my conversation with her so we can offer her psychological support and a referral.*

### Answers to Safety *STAT!*

#### Short Answer Question

The Institute of Medicine (IOM) stated that improvements are required to address the flaws in

the current healthcare system as a whole. A new 21st century health care system was envisioned that would include the following six imperatives:

1. *Safe*
2. *Timely*
3. *Effective*
4. *Efficient*
5. *Equitable*
6. *Patient centered*

### **Answers to Therapeutic Communication**

#### **Short Answer Question**

The QSEN initiative addressed this need by outlining the skill sets required by nurses in this 21st century workforce. These skill sets include competencies in six areas. List the six areas of the QSEN initiative:

1. *Patient-centered care*
2. *Teamwork and collaboration*
3. *Evidence-based practice*
4. *Quality improvement*
5. *Safety*
6. *Informatics*

### **Answers to Team Works**

#### **Review Question**

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## **Answers to Cultural Considerations**

### **Short Answer Question**

In the Learn to C.U.S. case about Zoya, you learn from her that her parents are Muslim, although Zoya herself has not embraced her parents' faith. How might this information influence how the pediatric health-care team comes together to offer the QSEN competency of Patient and Family-Centered Care and secure safety for this teen?

*Family-Centered Care provides a foundation of including members in the care of their child. The principles of respect and dignity, information sharing, participation, and collaboration can lead the health-care team staff to promote an open discussion about Zoya's health-care concerns and depression. Safety would require the family and teen to be referred for further psychological support and care.*

## **Answers to Safety *STAT!***

### **True or False Questions**

1. *True. The report disclosed that more than 98,000 Americans die each year as a result of medical errors.*
2. *True. Nurses represent the largest segment of the health-care workforce and therefore have the potential to have the greatest impact on safety.*

## **Answers to Team Works**

### **Essay Question**

You have been requested by your clinical faculty to make a small presentation to your classmates based on the QSEN competencies. You are asked to determine the five most common causes of preventable deaths in children on a national level. Locate a nationally recognized source of data to determine the top five. Craft a fictional 30-second radio announcement in which you educate parents about the safety issues related to both the risks and the strategies for preventing one of the five most common causes of preventable deaths.

*Example of the top five causes of preventable death in children:*

1. *Injuries*
2. *SIDS*
3. *Drowning*
4. *Cancer*
5. *Accidents*

*Example of a 30-second radio announcement:*

*“Providing safety is one of the most important aspects of caring for young children. Drowning deaths continue to occur, especially during the summer months, even in the presence of adults. Make sure you consider safety for your young child this summer. Provide constant supervision, keep the child safely away from any body of water, and assess drowning risks in your home and neighborhood!”*

## **Answers to Team Works**

### **Short Answer Question**

Define the term *just culture* as it relates to reporting medical errors.

*A just culture is a process within an institution that allows for disclosure of near miss or actual*

*errors. Institutions with just cultures are more likely to have accurate error rates, increased morale because staff does not have to hide errors, an improved quality and safety of care by tracking the root causes of errors and making changes, and the ability to evaluate effectiveness of the quality improvements efforts.*

Answers to Critical Thinking Exercises

1. Shifting from “blame” to a “just culture” in which health care team members are encouraged to report errors will allow individuals, teams, and systems to identify the cause of the error and the circumstances surrounding the error. This may lead to a reduction of future errors or, at least, not having the same error happen again.
2. Systems level factors in health-care environments that may lead to unintended consequences include institutional, hospital, work environment, departmental, team, individual, task, and patient factors.

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Answers to Post-Conference Questions, BC1-1

Answers to Post-Conference Questions and Activities

1. Student answers will vary based on unique aspects of health-care institutions.
2. Sample response: Students may find that nurses state a shift has occurred in the last few years from errors being seen as nursing focused, not now being systems focuses. Students may also find that nurses are more willing to report actual errors or near misses (potential errors that were identified and avoided) than in previous years because of the shift from blame to just culture.
3. Student answers will vary.