

Chapter 3. Health Promotion

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- ___ 1. Which of the following is a primary prevention measure for a 76-year-old man newly diagnosed with a testosterone deficiency?
- Calcium supplementation
 - Testicular self-examination
 - Bone density test
 - Digital rectal examination
- ___ 2. Which of the following is an example of secondary prevention in a 50-year-old woman?
- Yearly mammogram
 - Low animal fat diet
 - Use of seat belt
 - Daily application of sunscreen
- ___ 3. Which of the following is an example of tertiary prevention in a patient with chronic renal failure?
- Fluid restriction
 - Hemodialysis 4 days a week
 - High-protein diet
 - Maintenance of blood pressure at 120/80
- ___ 4. Immunizations are an example of which type of prevention?
- Primary
 - Secondary
 - Tertiary

True/False

Indicate whether the statement is true or false.

- ___ 1. Prevalence is the number of new cases of a particular disease.
- ___ 2. The number of cases of a particular disease for the past 5 years is an example of the incidence rate.
- ___ 3. "There are 1,185,000 cases of HIV/AIDS in the United States" is an example of the morbidity rate.
- ___ 4. *Endemic* is the term used when the presence of an event is constant.
- ___ 5. The "bird" flu of 2005 to 2006 is considered a sporadic outbreak.
- ___ 6. A pandemic affects many communities in a short period of time.

**Chapter 3. Health Promotion
Answer Section**

MULTIPLE CHOICE

1. ANS: A PTS: 1
2. ANS: A PTS: 1
3. ANS: B PTS: 1
4. ANS: A PTS: 1

TRUE/FALSE

1. ANS: F PTS: 1
2. ANS: F PTS: 1
3. ANS: T PTS: 1
4. ANS: T PTS: 1
5. ANS: F PTS: 1
6. ANS: T PTS: 1