Chapter 02 Chemical Composition of the Body

Multi	nle	Choice	Questions
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1. Water makes up	of the total body weight of an average adult.
A. 50-60%	
B. 55-65%	
<u>C.</u> 60-70%	
D. 65-75%	

Bloom's Level: 1. Remember

Section: 2.01
Topic: Chemistry

- 2. Most of the water found in the body is in the
- A. blood.
- **B.** intracellular fluid compartment.
- C. extracellular fluid compartment.
- D. blood and extracellular fluid compartment.

Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry

Topic: Chemistry

True / False Questions

3. Neutrons are uncharged particles found in the nucleus of an atom.

TRUE

Bloom's Level: 1. Remember

4. An element with 5 protons, 5 neutrons, and 5 electrons would have an atomic number of 15.
FALSE
Bloom's Level: 2. Understand Section: 2.01 Topic: Chemistry
Multiple Choice Questions
5. The atomic nucleus does not contain, which are negatively charged subatomic particles.
A. protons B. electrons C. neutrons
e. neutons
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry
6. An element with 11 neutrons, 11 protons, and 11 electrons would have an atomic mass of
 A. 11
B. 33

C. 22 D. cannot be determined

Bloom's Level: 2. Understand Section: 2.01 Topic: Chemistry

7. TheA. nucleus	is the physical space which an electron occupies in an atom	om.
B. orbital		
C. energy level		
D. Both orbital and	energy level are correct.	
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry		
8. TheA. kernel B. valence C. atomic D. anion	electrons are the outermost electrons of an atom.	
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry		
9. Isotopes have the A. mass, atomic B. neutron, mass C. atomic, mass D. atomic, proton	same number, but a different	number.
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry		

- 10. Which of the following is NOT true of isotopes of a given atom?
- **A.** have the same number of neutrons
- B. have the same number of protons
- C. have different atomic masses
- D. All of these choices are true.

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

True / False Questions

11. The term "chemical element" refers to the most common isotope of that element.

FALSE

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

Multiple Choice Questions

- 12. Which of the following subatomic particles have negligible mass?
- A. electrons
- B. neutrons
- C. protons
- D. Both neutrons and protons.

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

True / False Questions

13. Molecules with polar covalent bonds are hydrophobic.

FALSE

Bloom's Level: 1. Remember Section: 2.01

Section: 2.01 Topic: Chemistry

14. Negatively charged ions will migrate toward the anode in an electrical field. $\overline{\textbf{TRUE}}$

Bloom's Level: 1. Remember

15. Hydrogen bonds form between the partially charged atoms of two polar molecules, such as the slightly negatively charged hydrogen atom of one water molecule and the slightly positively charged oxygen atom of another.

FALSE

Bloom's Level: 2. Understand Section: 2.01 Topic: Chemistry

16. Atoms sharing a pair of electrons form covalent bonds.

TRUE

Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry

Multiple Choice Questions

- 17. When an atom loses one or more electrons, it
- **A.** becomes positively charged.
- B. becomes negatively charged.
- C. is called an anion.
- D. has no change in its charge.

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

- 18. When an atom gains one or more electrons, it
- A. becomes positively charged.
- B. has no change in its charge.
- **C.** is called an anion.
- D. is called a cation.

Bloom's Level: 1. Remember

19. An atom with 5 pro <u>A.</u> -1. B2. C. +1. D. +2.	otons, 5 neutrons, and 6 electrons would have a net charge of	
Bloom's Level: 2. Understand Section: 2.01 Topic: Chemistry		
A. Nonpolar covalent B. Ionic C. Polar covalent D. van der Waals	bonds are formed when atoms share electrons unequally.	
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry		
21. Hydration spheres A. nonpolar covalent B. polar covalent C. ionic D. either polar covalen	can be formed by compounds which containt or ionic	_ bonds.
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry		

22. Hydrophobic molecules would contain	_ bonds.
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	
23. Surface tension between water molecules occurs because bonds with each other. A. nonpolar covalent B. polar covalent C. hydrogen D. ionic	adjacent water molecules form
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	
 24. Bonds that are formed between oxygen and hydrogen ato called A. hydrogen bonds. B. ionic bonds. C. nonpolar covalent bonds. D. polar covalent bonds. 	ms within water molecules are
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	

- 25. The type of bond found in sodium chloride is
- A. an ionic bond.
- B. a polar covalent bond.
- C. a hydrogen bond.
- D. a nonpolar covalent bond.

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

- 26. What type of bond is formed between potassium and iodine?
- A. polar covalent bond
- **B.** ionic bond
- C. nonpolar covalent bond
- D. hydrogen bond

Bloom's Level: 2. Understand

Section: 2.01 Topic: Chemistry

- 27. Which of the following would be most easily broken?
- A. a hydrogen bond
- B. a nonpolar covalent bond
- C. an ionic bond
- D. a polar covalent bond

Bloom's Level: 1. Remember

- 28. The ability of water to be pulled as a column through narrow channels is called
- A. osmalality.
- B. surface tension.
- C. neutrality.
- **<u>D.</u>** capillary action.

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

True / False Questions

29. The pH of a solution is directly proportional to the hydrogen ion concentration of the solution.

FALSE

Bloom's Level: 2. Understand

Section: 2.01 Topic: Chemistry

30. Acids release hydrogen ions into solutions.

TRUE

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

31. As the pH of the blood decreases, the amount of hydrogen ions in the blood would decrease.

FALSE

Bloom's Level: 2. Understand

Multiple Choice Questions	
32. Water molecules formA. hydroxide B. bicarbonate C. hydronium D. water	ions when they associate with a hydrogen ion.
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	
33. A solution of a pH above 7 is called A. acidic B. neutral C. basic	·
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	
34. Bases will proton A. accept B. donate C. ignore D. repel	as in a solution.
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	

35. The primary buffer in the blood is theA. hydronium B. ammonia C. phosphate D. bicarbonate	buffer.
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	
36. The pH of a solution increases as the	ion concentration decreases.
Bloom's Level: 2. Understand Section: 2.01 Topic: Chemistry	
37. In an acidic solution, A. the OH ⁻ ion concentration is greater than the H ⁺ ion B. the OH ⁻ ion concentration is less than the H ⁺ ion conc. C. the H ⁺ ion concentration is equal to the OH ⁻ ion cond. D. the H ⁺ ion concentration is less than the OH ⁻ ion conduction buffered.	ncentration. acentration.
Bloom's Level: 2. Understand Section: 2.01 Topic: Chemistry	

38. A blood pH of 7.6 is

- A. indicative of acidosis.
- **B.** indicative of alkalosis.
- C. in the normal physiological range.
- D. indicates effective buffering by the bicarbonate/carbonic acid system.

Bloom's Level: 2. Understand

Section: 2.01 Topic: Chemistry

39. Regarding acids and bases,

- A. acids will increase the pH of a solution.
- B. bases will decrease the pH of a solution.
- C. acids will accept hydrogen ions in a solution.
- **<u>D.</u>** bases will accept hydrogen ions in a solution.

Bloom's Level: 2. Understand

Section: 2.01 Topic: Chemistry

40. Ammonia usually

A. acts as a base.

- B. acts as an acid.
- C. acts as a buffer.
- D. ionizes to form a hydroxyl ion.

Bloom's Level: 1. Remember

True / False Questions

41. Organic acids contain carbonyl groups.

FALSE

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

Multiple Choice Questions

- 42. Molecules that contain carbon and hydrogen atoms are
- A. ionic.
- B. inorganic.
- C. organic.
- D. carbonic.

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

True / False Questions

43. Only L-stereoisomers are absorbed by the digestive tract and used to synthesize organic molecules.

FALSE

Bloom's Level: 2. Understand

44. An ionized organic acid is designated with the suffix - ate.

TRUE

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

45. The ionized form of the organic lactic acid is lactate.

TRUE

Bloom's Level: 2. Understand

Section: 2.01
Topic: Chemistry

Multiple Choice Questions

46. How many single bonds can a carbon atom form if it is double-bonded to an oxygen atom?

- A. 1
- **B.** 2
- C. 3
- D. 4

Bloom's Level: 1. Remember

Section: 2.01 Topic: Chemistry

47. A six-sided organic molecule with alternating double bonds is termed a(n)

A. aromatic compound.

- B. ketone.
- C. alcohol.
- D. organic acid.

Bloom's Level: 1. Remember

48. Ketones contain a(n)	group within the carbon chain.
A. hydroxyl	
B. carbonyl	
C. carboxyl	
D. aromatic	
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	
49. Organic acids will contain	
A. a carboxyl group.	
B. a carboxyl group.	
C. an amino group.	
D. a hydroxyl group.	
Bloom's Level: 1. Remember Section: 2.01 Topic: Chemistry	
50. An example of an aromatic substance is	
A. hexane. B. cyclohexane.	
C. fructose.	
<u>D.</u> benzene.	
<u>B.</u> conzenc.	
Bloom's Level: 1. Remember	
Section: 2.01 Topic: Chemistry	
*	

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Chabter	02 -	Chemicai	Compos	nuon	or me	Douv

True / False Questions

51. Fats and carbohydrates are the primary energy stores in the body.

TRUE

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

52. Glucose, galactose, and fructose can be considered structural isomers of each other.

TRUE

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

53. Fructose is a ketone.

FALSE

Bloom's Level: 2. Understand

Section: 2.02 Topic: Chemistry

Multiple Choice Questions

54	are molecules	with the	same ratio	of atoms	but different	arrangements of
atoms.						

A. Isotopes

B. Structural isomers

C. Stereoisomers

D. Radioactive isotopes

Bloom's Level: 1. Remember

True / False Questions

55. Covalent bonds are formed between monosaccharides through dehydration synthesis. **TRUE**

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

Multiple Choice Questions

- 56. The addition of water with the proper enzymes to a molecule is called
- A. dehydration synthesis.
- B. condensation.
- **C.** hydrolysis.
- D. combustion.

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

57. Which reaction represents a dehydration synthesis reaction?

A. Reaction A

B. Reaction B

Bloom's Level: 2. Understand

Chapter	02 -	Cher	nical	Compo	osition	of the	Body

True / False Questions

58. Carbohydrate molecules have a ratio of twice as many oxygen atoms to carbon atoms. **FALSE**

Bloom's Level: 1. Remember Section: 2.02 Topic: Chemistry

Multiple Choice Questions

- 59. Sucrose is a disaccharide that is composed of _____ and ____.
- A. glucose, glucose
- B. glucose, galactose
- C. glucose, fructose
- D. fructose, galactose

Bloom's Level: 1. Remember Section: 2.02 Topic: Chemistry

60. Glycogen

<u>A.</u> is more highly branched than plant starch.

- B. is a glycoprotein found in the liver.
- C. is a glycolipid found in skeletal muscles.
- D. is composed of alternating glucose and galactose molecules.

Bloom's Level: 1. Remember

- 61. An example of a monosaccharide is
- A. maltose.
- B. sucrose.
- C. glucose.
- D. glycogen.

 $Bloom's\ Level:\ 1.\ Remember$

Section: 2.02 Topic: Chemistry

True / False Questions

62. Glucose is stored as a polysaccharide to prevent osmosis of water into the cells. $\overline{\textbf{TRUE}}$

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

Multiple Choice Questions

- 63. Which of the following is NOT a disaccharide?
- A. fructose
- B. sucrose
- C. maltose
- D. lactose

Bloom's Level: 1. Remember

- 64. Which of the following polysaccharides cannot be digested by animals themselves?
- A. glycogen
- **B.** cellulose
- C. starch
- D. All of these can be digested by animals themselves.

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

True / False Questions

65. Unsaturated fatty acids contain more hydrogen atoms than saturated fatty acids of the same length.

FALSE

Bloom's Level: 2. Understand

Section: 2.02 Topic: Chemistry

66. Rapid, uncontrolled hydrolysis of body fats can result in ketoacidosis.

TRUE

Bloom's Level: 2. Understand

Section: 2.02 Topic: Chemistry

67. Corticosteroids are a type of lipid commonly found in cell membranes.

FALSE

Bloom's Level: 1. Remember

68. Steroids are derived from cholesterol.

TRUE

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

Multiple Choice Questions

69. In order to maintain proper he	lth, total dietary fat intake should not exceed
of total dietary	energy intake.

A. 10%

B. 20%

<u>C.</u> 30%

D. 40%

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

70. Which of the following is NOT a type of lipid?

A. prostaglandins

B. triglycerides

C. cholesterol

D. glycogen

Bloom's Level: 1. Remember

71. Lipids containin A. triglycerides, ster B. prostaglandins, p <u>C.</u> triglycerides, pho D. steroids, prostagl	hospholipids ospholipids	and	
Bloom's Level: 1. Remember Section: 2.02 Topic: Chemistry			
	are liver synthesized derivate of energy by many organs.	atives of free fatty acids that ca	an be used as
Bloom's Level: 1. Remember Section: 2.02 Topic: Chemistry			
73A. Triglycerides B. Prostaglandins C. Proteins D. Carbohydrates	are fatty acids with a cyclic hyd	drocarbon group.	
Bloom's Level: 1. Remember Section: 2.02 Topic: Chemistry			

- 74. This group of organic compounds acts as surfactants:
- A. carbohydrates
- **B.** phospholipids
- C. nucleic acids
- D. prostaglandins

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

- 75. In the formation of triglycerides,
- A. hydroxyl and carbonyl groups interact.
- B. amino and carbonyl groups interact.
- C. carboxyl and amino groups interact.
- **<u>D.</u>** carboxyl and hydroxyl groups interact.

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

- 76. Unsaturated fatty acids
- A. contain one or more double bonds.
- B. are usually liquid at room temperature.
- C. contain a maximal number of hydrogen atoms.
- **<u>D.</u>** Both contain one or more double bonds and are usually liquid at room temperature are correct.

Bloom's Level: 1. Remember

77. Phospholipids

- A. are glycolipids originally isolated from the prostate gland.
- B. are major components of the cell membrane.
- C. have a polar head and a nonpolar tail.
- **<u>D.</u>** Both are major components of the cell membrane and have a polar head and a nonpolar tail are correct.

Bloom's Level: 1. Remember Section: 2.02

Topic: Chemistry

78. Ketosis

- **<u>A.</u>** occurs when stored fats are rapidly degraded by the body.
- B. stimulates an increased blood pH.
- C. may lead to alkalosis.
- D. occurs as the concentration of ketones in the urine decreases.

Bloom's Level: 1. Remember Section: 2.02 Topic: Chemistry

- 79. Which of the following describes a trans-fat?
- A. Has carbon-carbon single bonds.
- **B.** Has carbon-carbon double bonds with hydrogens on opposite sides of the bonds.
- C. Has carbon-carbon double bonds with hydrogens on the same side of the bonds.
- D. The fatty acids form a bent chain.

Bloom's Level: 1. Remember

- 80. Which of the following is NOT true of steroids?
- A. They have three 6-carbon rings joined to one 5-carbon ring.
- B. They contain a variety of functional groups.
- **C.** They are derived from palmitate.
- D. They differ in the position of the double covalent bonds between the carbon atoms in the rings.

Bloom's Level: 1. Remember Section: 2.02 Topic: Chemistry

- 81. Which of the following is NOT a derivative of cholesterol?
- A. corticosteroids
- B. vitamin D₃
- C. aldosterone
- **D.** lecithin

Bloom's Level: 1. Remember Section: 2.02 Topic: Chemistry

- 82. Phospholipid molecules will form aggregates called _____ when placed in water.
- A. surfactants
- B. ketone bodies
- C. prostaglandins
- **D.** micelles

Bloom's Level: 1. Remember Section: 2.02

Topic: Chemistry

- 83. What characteristic of phospholipids allows them to form the double layer seen in cell membranes?
- **A.** They are amphipathic.
- B. They are totally nonpolar.
- C. They are soluble in water.
- D. They are totally hydrophobic.

Bloom's Level: 1. Remember

Section: 2.02 Topic: Chemistry

True / False Questions

84. All amino acids contain carboxyl and amino groups.

TRUE

Bloom's Level: 1. Remember

Section: 2.03 Topic: Chemistry

85. The specific sequence of amino acids in a polypeptide is known as the primary protein structure.

TRUE

Bloom's Level: 1. Remember

Section: 2.03
Topic: Chemistry

86. The white part of a cooked egg is due to denatured albumin proteins.

TRUE

Bloom's Level: 1. Remember

Multiple Choice Questions	
87	is a structural protein found in tendons and ligaments.
Bloom's Level: 1. Remember Section: 2.03 Topic: Chemistry	
88. Peptide bonds are A. ketosis. B. hydrolysis.	formed by the process of

Bloom's Level: 1. Remember

D. aromatization.

C. dehydration synthesis.

Section: 2.03
Topic: Chemistry

- 89. The secondary structure of proteins is/are
- A. the linear arrangement of amino acids in the molecule.
- **B.** alpha helix coils and beta-pleated sheet folds of a protein strand.
- C. due to the interaction between protein subunits.
- D. stabilized when a protein is denatured.

Bloom's Level: 1. Remember

90. The primary structure of proteins is/are

<u>A.</u> the linear arrangement of amino acids in the molecule.

- B. alpha helix coils and beta-pleated sheet folds of a protein strand.
- C. due to the interaction between protein subunits.
- D. stabilized when a protein is denatured.

Bloom's Level: 1. Remember

Section: 2.03 Topic: Chemistry

- 91. The subunit of protein is the
- A. fatty acid.
- B. nucleic acid.
- C. amino acid.
- D. carboxylic acid.

Bloom's Level: 1. Remember

Section: 2.03
Topic: Chemistry

- 92. How many different amino acids are known?
- A. 10
- B. 25
- C. 30

D. 20

Bloom's Level: 1. Remember

- 93. What holds a protein in its tertiary structure?
- A. hydrogen bonds between nearby amino acids
- B. weak chemical bonds between widely spaced amino acids
- C. disulfide bonds between sulfur groups on cysteines
- **<u>D.</u>** Both weak chemical bonds between widely spaced amino acids and disulfide bonds between sulfur groups on cysteines are correct.

Bloom's Level: 1. Remember

Section: 2.03
Topic: Chemistry

- 94. How many amino acids are present for a polypeptide chain to be called a protein?
- A. 3
- B. 30
- C. 50
- **D.** 100

Bloom's Level: 1. Remember

Section: 2.03
Topic: Chemistry

True / False Questions

95. Proteins that combine with other molecules are said to be condensed.

FALSE

Bloom's Level: 1. Remember

Section: 2.03
Topic: Chemistry

96. The specific shape of a protein determines its function.

TRUE

Bloom's Level: 2. Understand

Multiple Choice Questions

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97. A protein that is combined with another type of molecule like a carbohydrate is

True / False Questions

100. In DNA, cytosine forms a complementary base pair with adenine. **FALSE**

Bloom's Level: 1. Remember

Section: 2.04 Topic: Chemistry

Multiple Choice Questions

- 101. The nitrogenous base adenine is a
- **A.** purine.
- B. pyrimidine.
- C. steroid.
- D. prostaglandin.

 $Bloom's\ Level:\ 1.\ Remember$

Section: 2.04 Topic: Chemistry

- 102. Which of the following is NOT a component of DNA?
- A. phosphate
- B. deoxyribose sugar
- C. guanine

D. uracil

Bloom's Level: 1. Remember

103. The human genome refers to

A. all living human beings.

B. the total variations in human cells.

C. all of the genes in the cell.

D. human mutations caused by gene defects.

Bloom's Level: 1. Remember

Section: 2.04
Topic: Chemistry

104. The "spiral staircase" structure of DNA is referred to as the

A. tertiary structure.

B. spiral structure.

C. the double helix.

D. the twist of life.

Bloom's Level: 1. Remember

Section: 2.04 Topic: Chemistry

105. Which of the following is NOT one of the three types of RNA?

A. dRNA

B. tRNA

C. rRNA

D. mRNA

Bloom's Level: 1. Remember

106. The base that is NOT found in RNA is

A. thymine.

- B. guanine.
- C. cytosine.
- D. uracil.

Bloom's Level: 1. Remember

Section: 2.04
Topic: Chemistry

107. Which of the following is NOT a difference between DNA and RNA?

- A. They have different sugars.
- B. RNA is a single strand, while DNA is a double strand.
- C. DNA has thymine, while RNA has uracil.
- **<u>D.</u>** They both can leave the nucleus to perform their functions.

Bloom's Level: 1. Remember

Section: 2.04
Topic: Chemistry

108. The backbone of a DNA molecule is a chain of

A. alternating deoxyribose sugar and phosphate.

- B. alternating phosphate and nitrogen.
- C. alternating nitrogenous bases.
- D. alternating deoxyribose and ribose sugars.

Bloom's Level: 1. Remember

Chapter 02 - Chemical Composition of the Body

109. Which of the following is NOT a function of a purine-containing nucleotide?

A. neurotransmitter

B. hormone

C. energy carrier

D. coenzymes

Bloom's Level: 1. Remember