

## Chapter 1. Dental Hygiene as a Profession

### Multiple Choice

Identify the choice that best completes the statement or answers the question.

- \_\_\_ 1. All of the following are proposed conceptual models for the profession of dental hygiene EXCEPT for one. Which one is the EXCEPTION?
- Human needs conceptual model
  - Oral health-related quality of life model
  - Dental hygiene core and care model
  - Client self-care commitment model
- \_\_\_ 2. The oral health-related quality of life model is composed of five domains. This model proposes that the relationships among the five domains and the interaction between the client and the dental hygienist can enable clients to make decisions that will improve their own health through commitment and adherence.
- Both statements are true.
  - Both statements are false.
  - The first statement is true; the second is false.
  - The first statement is false; the second is true.
- \_\_\_ 3. Dr. Alfred Fones began the first dental hygiene program in Bridgeport, Connecticut in 1913. The first graduating dental hygiene class worked in private practice and later in schools and hospitals.
- Both statements are true.
  - Both statements are false.
  - The first statement is true; the second is false.
  - The first statement is false; the second is true.
- \_\_\_ 4. The dental hygiene process of care includes six standards. Place the following six standards in order.
- Diagnosis
  - Assessment
  - Documentation
  - Planning
  - Evaluation
  - Implementation
- 5, 2, 3, 1, 4, 6
  - 3, 2, 1, 4, 6, 5
  - 2, 1, 4, 6, 3, 5
  - 2, 1, 4, 6, 5, 3
- \_\_\_ 5. A new patient presents to Stephanie's office. After gathering all necessary information, Stephanie creates a dental hygiene treatment plan. Which stage of the dental hygiene process of care is Stephanie utilizing?
- Assessment
  - Planning
  - Diagnosis
  - Implementation

- \_\_\_ 6. The American Dental Hygienists' Association (ADHA) offers dental hygienists opportunities for professional development and leadership opportunities within the profession. Membership in the ADHA is mandatory.
- A. Both statements are true.
  - B. Both statements are false.
  - C. The first statement is true; the second is false.
  - D. The first statement is false; the second is true.
- \_\_\_ 7. All of the following states require graduation from an accredited dental hygiene program and passing a national written examination and a regional clinical examination for licensure EXCEPT for one. Which one is the EXCEPTION?
- A. Alaska
  - B. Arkansas
  - C. Arizona
  - D. Alabama
- \_\_\_ 8. A dental hygienist is
- A. A non-licensed, preventative oral health professional who provides a variety of oral health services to patients
  - B. A dental health professional who works closely with and under the supervision of a dentist by performing tasks before and after the dentist meets with the patient as well as assisting the dentist during certain dental procedures
  - C. A licensed, preventative oral health professional who provides a variety of oral health services to patients
  - D. A licensed professional who can treat the diseases and conditions that affect the teeth and gums, especially the repair and extraction of teeth and the insertion of artificial ones
- \_\_\_ 9. Methods used by the dental hygienist or patient to promote and maintain oral health would be considered which type of service?
- A. Preventative
  - B. Educational
  - C. Therapeutic
  - D. Diagnostic
- \_\_\_ 10. Which of the following is an example of evaluation in the process of care?
- A. The dental hygienist takes the patient's blood pressure prior to administration of local anesthesia.
  - B. The dental hygienist completes quadrant scaling and root planing to arrest periodontal disease.
  - C. The dental hygienist probes 6 weeks after quadrant scaling and root planing to check for improvement.
  - D. The dental hygienist creates a treatment plan for patient treatment sequence.
- \_\_\_ 11. IFDH stands for
- A. International Federation of Dental Hygienists
  - B. International Foundation of Dental Hygienists
  - C. International Framework of Dental Hygienists

D. International Fellowship of Dental Hygienists

- \_\_\_ 12. A dental hygienist is working with legislators to pass a bill for hygienists to be able to administer local anesthesia. Which role is the dental hygienist representing?
- A. Clinician
  - B. Advocate
  - C. Researcher
  - D. Educator
- \_\_\_ 13. The delivery of a dental hygiene treatment plan is referred to as
- A. Documentation phase
  - B. Assessment phase
  - C. Implementation phase
  - D. Evaluation phase
- \_\_\_ 14. Which of the following is NOT within the scope of practice of a dental hygienist?
- A. Removing biofilm plaque and calculus from teeth both coronal and apical to the gingival margin using dental instruments
  - B. Applying caries-preventive agents such as fluorides
  - C. Placing a resin restoration in a tooth prepped by the dentist
  - D. Exposing, processing, and interpreting dental radiographs
- \_\_\_ 15. Which professional organization's mission includes increasing the number of minority dental hygienists?
- A. American Dental Hygiene Association
  - B. American Dental Hygienists' Association
  - C. International Federation of Dental Hygienists
  - D. National Dental Hygienists' Association
- \_\_\_ 16. Which professional role would a dental hygienist represent in marketing oral health products?
- A. Corporate
  - B. Public health
  - C. Clinician
  - D. Researcher
- \_\_\_ 17. The National Dental Hygiene Association was created in 1932. It was created to provide a professional foundation for minority dental hygienists.
- A. Both the statement and reason are correct and related.
  - B. Both the statement and reason are correct but NOT related.
  - C. The statement is correct, but the reason is NOT.
  - D. The statement is NOT correct, but the reason is correct.
  - E. NEITHER the statement NOR the reason is correct.
- \_\_\_ 18. The credential RDH stands for Registered Dental Hygienist, and in Indiana the designation is LDH, Licensed Dental Hygienist. Both designations signify graduating from an accredited dental hygiene program and passing a national written examination and a regional clinical examination.
- A. Both statements are true.
  - B. Both statements are false.
  - C. The first statement is true; the second is false.

D. The first statement is false; the second is true.

- \_\_\_\_\_ 19. Which of the following is NOT a true statement of the profession of dental hygiene?
- A. The first graduating class of dental hygienists worked mainly in private offices.
  - B. The profession of dental hygiene began with a strong public health focus.
  - C. As time passed, the focus shifted to a private practice model.
  - D. As the profession continues to evolve, it is likely that the profession will again shift to delivering dental hygiene care in public health settings.
- \_\_\_\_\_ 20. Each state has its own rules and regulations concerning the treatment and scope of practice that dental hygienists can provide. Dental hygienists perform a variety of preventative, educational, and therapeutic services.
- A. Both the statement and reason are correct and related.
  - B. Both the statement and reason are correct but NOT related.
  - C. The statement is correct, but the reason is NOT.
  - D. The statement is NOT correct, but the reason is correct.
  - E. NEITHER the statement NOR the reason is correct.
- \_\_\_\_\_ 21. The American Dental Hygienists' Association published the *Standards for Clinical Dental Hygiene Practice* to provide an evidence-based framework for dental hygiene practice. The document includes five standards which follow the dental hygiene process of care: assessment, diagnosis, planning, implementation, and evaluation.
- A. Both the statement and reason are correct and related.
  - B. Both the statement and reason are correct but NOT related.
  - C. The statement is correct, but the reason is NOT.
  - D. The statement is NOT correct, but the reason is correct.
  - E. NEITHER the statement NOR the reason is correct.
- \_\_\_\_\_ 22. The Accreditation Standards for Dental Hygiene Education Programs state: The full-time faculty of a dental hygiene program must possess a master's or higher degree. Part-time faculty providing didactic instruction must have earned at least a baccalaureate degree or be currently enrolled in a baccalaureate degree program.
- A. Both the statement and reason are correct and related.
  - B. Both the statement and reason are correct but NOT related.
  - C. The statement is correct, but the reason is NOT.
  - D. The statement is NOT correct, but the reason is correct.
  - E. NEITHER the statement NOR the reason is correct.
- \_\_\_\_\_ 23. The American Dental Hygienists' Association (ADHA) offers dental hygienists opportunities for professional development and leadership opportunities within the profession. Membership in the ADHA is mandatory.
- A. Both statements are true.
  - B. Both statements are false.
  - C. The first statement is true; the second is false.
  - D. The first statement is false; the second is true.

- \_\_\_\_\_ 24. The National Dental Hygienists' Association (NDHA) was founded to provide a professional foundation for minority dental hygienists. The NDHA's mission includes increasing the number of minority dental hygienists, assisting in the access to oral care for under-served communities, and promoting the highest educational and ethical standards for dental hygienists.
- A. Both the statement and reason are correct and related.
  - B. Both the statement and reason are correct but NOT related.
  - C. The statement is correct, but the reason is NOT.
  - D. The statement is NOT correct, but the reason is correct.
  - E. NEITHER the statement NOR the reason is correct.
- \_\_\_\_\_ 25. To increase access to basic oral health care, some states are considering positioning dental hygienists outside of traditional dental offices or private practices. States also have explored changing supervision or reimbursement rules for existing dental hygienists as well as creating new professional certifications for advanced-practice dental hygienists.
- A. Both the statement and reason are correct and related.
  - B. Both the statement and reason are correct but NOT related.
  - C. The statement is correct, but the reason is NOT.
  - D. The statement is NOT correct, but the reason is correct.
  - E. NEITHER the statement NOR the reason is correct.

**Chapter 1. Dental Hygiene as a Profession**  
**Answer Section**

**MULTIPLE CHOICE**

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|------------|--------|
| 1. ANS: C  | PTS: 1 |
| 2. ANS: B  | PTS: 1 |
| 3. ANS: C  | PTS: 1 |
| 4. ANS: D  | PTS: 1 |
| 5. ANS: B  | PTS: 1 |
| 6. ANS: C  | PTS: 1 |
| 7. ANS: D  | PTS: 1 |
| 8. ANS: C  | PTS: 1 |
| 9. ANS: A  | PTS: 1 |
| 10. ANS: C | PTS: 1 |
| 11. ANS: A | PTS: 1 |
| 12. ANS: B | PTS: 1 |
| 13. ANS: C | PTS: 1 |
| 14. ANS: C | PTS: 1 |
| 15. ANS: D | PTS: 1 |
| 16. ANS: A | PTS: 1 |
| 17. ANS: A | PTS: 1 |
| 18. ANS: A | PTS: 1 |
| 19. ANS: A | PTS: 1 |
| 20. ANS: A | PTS: 1 |
| 21. ANS: C | PTS: 1 |
| 22. ANS: D | PTS: 1 |
| 23. ANS: C | PTS: 1 |
| 24. ANS: A | PTS: 1 |
| 25. ANS: A | PTS: 1 |