Spector, *Cultural Diversity in Health and Illness* 7th Ed.
Test Bank Chapter 1

1. One of the results of the 2005 Hurricanes Katrina and Rita in Louisiana has been an increase in the influx of Spanish-speaking workers. Incorporating cultural and linguistic competence to meet the health needs of this population would include

1. ensuring that all signage is posted in Spanish as well as English.

2. having health care professional staff from different Spanish-speaking countries at health care facilities.

3. having all health care workers speak Spanish.

4. ensuring health services are in varying locations.

Answer: B

Explanation: 1. Ensuring that all signage is posted in Spanish as well as English. Spanish signage would aid client understanding, but also assumes that the all the client population is literate.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

2. Having professional staff from different Spanish-speaking countries would create a foundation for the variations in the language and culture of the different countries and aid in providing cultural and linguistic competence to meet the health needs of this population.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

3. Having health care workers speak Spanish would benefit this population, but does not necessarily guarantee that cultural and linguistic competence would result

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

4. Ensuring health services are in varying locations meets the needs of many populations but is not necessarily a component of linguistic and cultural competence.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

Objective: LO01 - Describe the National Standards for Culturally and Linguistically Appropriate Services in Health Care.

2. Language assistance provided to clients with limited English-proficiency is necessary to ensure the client is able to understand the care received. An important consideration for language assistance given by interpreters is that the interpreters are

1. able to be on 24-hour call.

2. proficient in health language terminology.

3. of the same ethnic background of the clients.

4. family members.

Answer: B

Explanation: 1. Able to be on 24-hour call. An interpreter may not be able to be on 24-hour call, but back-up mechanisms should be in place to provide language assistance when a designated interpreter is not available.

Cognitive Level: Analysis

Client Need: safe, effective care environment

Nursing Process: Planning

2. Proficient in health language terminology. Interpreters providing language assistance must be proficient in health language terminology in order to provide accurate information to a client in their own language.

Cognitive Level: Analysis

Client Need: safe, effective care environment

Nursing Process: Planning

3. Of the same ethnic background of the clients. While it is helpful to have the same ethnic background of the clients for whom language assistance is provided, it is not necessary.

Cognitive Level: Analysis

Client Need: safe, effective care environment

Nursing Process: Planning

4. Family members are not to be used for language assistance or interpretation unless absolutely necessary or on request by the client, as they may not be able to provide objective impartial information.

Cognitive Level: Analysis

Client Need: safe, effective care environment

Nursing Process: Planning

Objective: LO01 - Describe the National Standards for Culturally and Linguistically Appropriate Services in Health Care.

3. A mechanism health care organizations need to incorporate into their strategic plan for culturally and linguistically appropriate services includes

1. goals, policies, accountability and oversight mechanisms addressing these services.

2. staff conflict resolution policies.

3. partnerships with community agencies.

4. mechanisms for client service reimbursement.

Answer: A

Explanation: 1. Strategic plans within a health care organization providing culturally and linguistically appropriate services contain language addressing goals, policies, operational plans and accountability/oversight mechanisms in providing these services.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Planning

2. Staff conflict resolution policies are internal mechanisms within an organization that have no bearing on the culturally and linguistically appropriate services provided to clients.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Planning

3. Partnerships with community agencies can be a desirable outcome for health care organizations in providing culturally and linguistically appropriate services but are not a necessary mechanism for a health care organization in providing these services.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Planning

4. Reimbursement for services is a necessary component for health care organization operation but is not culturally or linguistically dependent.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Planning

Objective: LO01 - Describe the National Standards for Culturally and Linguistically Appropriate Services in Health Care.

4. While health care organizations seek to provide culturally and linguistically appropriate care in a service area, what is another mechanism the organization should use?

1. Periodically perform a needs assessment to maintain a current profile of the community where the services are delivered.

2. Maintain a detailed database on its clients.

3. Catalog how many grievances pertain to discrepancies in culture between the staff and the clients.

4. Take periodic surveys of its client base to assess its service effectiveness.

Answer: A

Explanation: 1. Periodically performing a needs assessment within the community the health organization serves allows the organization to maintain current demographic, cultural and epidemiological profiles to plan and implement services that are appropriate to the service area.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Evaluation

2. Maintaining a detailed client database provides information about who the organization serves and is probably required for insurance reimbursement, so it is a necessary component of a health organization structure but it does not necessarily provide feedback on cultural and linguistic appropriateness.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Evaluation

3. Grievance cataloging can bring to light potential sources of staff-client discrepancies, but is not a definitive mechanism to address cultural discrepancies.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Evaluation

4. Surveying the client base for service effectiveness is a good mechanism for assessment but is not dependent for culturally and linguistically appropriate care.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Evaluation

Objective: LO01 - Describe the National Standards for Culturally and Linguistically Appropriate Services in Health Care.

5. Culturally competent care can best be described as care where the provider

1. understands some health traditions of the client.

2. delivers care that is understanding of and its application to the context of the client's situation.

3. is knowledgeable of the client's cultural background.

4. speaks the client's language.

Answer: B

Explanation: 1. Understanding some traditions of the client is being culturally sensitive.

Cognitive Level: Knowledge

Client Need: Safe, effective care environment

Nursing Process: Implementation

2. Culturally competent care addresses the care given by a provider with the skills and attitudes that are knowledgeable and understanding of the client context of the situation and the client's background.

Cognitive Level: Knowledge

Client Need: Safe, effective care environment

Nursing Process: Implementation

3. Being knowledgeable of the client's cultural background is one aspect of being culturally appropriate.

Cognitive Level: Knowledge

Client Need: Safe, effective care environment

Nursing Process: Implementation

4. Speaking the client's language is being language proficient and is one aspect of cultural competence.

Cognitive Level: Knowledge

Client Need: Safe, effective care environment

Nursing Process: Implementation

Objective: LO02 - Articulate the attributes of Cultural Competency and Cultural Care.

6. A health care provider who takes the time to learn the underlying background of the client to provide the client with the best possible health care is providing culturally _____ care.

1. sensitive

2. appropriate

3. competent

4. designated

Answer: B

Explanation: 1. Culturally sensitive care implies the provider possesses some basic knowledge of and constructive attitudes toward health traditions observed among the different cultural groups in the practice setting.

Cognitive Level: Knowledge

Client Need: Health promotion and maintenance

Nursing Process: Implementation

2. Culturally appropriate care implies the provider applies the underlying background knowledge they possess to give a client the best possible care.

Cognitive Level: Knowledge

Client Need: Health promotion and maintenance

Nursing Process: Implementation

3. Culturally competent care implies that within the delivered care the provider understands and attends to the total context of the client's situation.

Cognitive Level: Knowledge

Client Need: Health promotion and maintenance

Nursing Process: Implementation

4. Culturally designated care is not a correct cultural term.

Cognitive Level: Knowledge

Client Need: Health promotion and maintenance

Nursing Process: Implementation

Objective: LO02 - Articulate the attributes of Cultural Competency and Cultural Care.

7. The health care organization has made a conscious effort to provide linguistically appropriate services to its predominantly Hispanic population, incorporating many of its staff from different Spanish-speaking countries of Latin America. The organization is espousing the cultural care concept of

1. language proficiency.

2. cultural competence.

3. cultural sensitivity.

4. cultural appropriateness.

Answer: A

Explanation: 1. Language proficiency indicates the provision of linguistically appropriate services and implementation of competent interpreter services when the client or family do not understand, speak or read English.

Cognitive Level: Application

Client Need: Safe, effective care environment

Nursing Process: Implementation

2. Cultural competence means that provider-delivered care understands and attends to the total context of the client's situation.

Cognitive Level: Application

Client Need: Safe, effective care environment

Nursing Process: Implementation

3. Cultural sensitivity implies that the provider possesses some basic knowledge of and constructive attitudes

toward the health traditions observed among diverse cultural groups.

Cognitive Level: Application

Client Need: Safe, effective care environment

Nursing Process: Implementation

4. Cultural appropriateness implies the provider applies the underlying background knowledge of the client to provide the best possible care.

Cognitive Level: Application

Client Need: Safe, effective care environment

Nursing Process: Implementation

Objective: LO02 - Articulate the attributes of Cultural Competency and Cultural Care.

8. Being able to be a productive working member of society is an important consideration for many people. A definition of health for this group could be

1. feeling well and happy each day.

2. enjoying life's potentials.

3. not feeling ill.

4. the ability to go to work every day.

Answer: D

Explanation: 1. Feeling well and happy each day is a definition of health but is not directly relevant to someone who views health in terms of production and work.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Assessment

2. Enjoying life's potentials is important, but not necessarily the most important factor for people who view being a productive member of society as an important consideration.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Assessment

3. Not feeling ill is one definition of health but not necessarily for people who most value being productive members of society.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Assessment

4. The ability to go to work is how many define health □ if they are able to go to work, they are healthy.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Assessment

Objective: LO03 - Explain the factors that contribute to heritage consistency–culture, ethnicity, religion, acculturation, and socialization.

9. Many communities across the United States observe Oktoberfest where people celebrate their "German" ancestry, even if their forebears are not Germanic. Celebrating a heritage with festivals and traditional food and dress is a concept known as

1. cultural determination.

2. heritage patterning.

3. cultural perspective.

4. heritage consistency.

Answer: D

Explanation: 1. Cultural determination is a conscious choice of a cultural decision a person makes.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Assessment

2. Heritage patterning is not a descriptive term for culture and heritage.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Assessment

3. Cultural perspective serves as a framework for various viewpoints.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Assessment

4. Heritage consistency is a concept describing the degree to which one's lifestyle reflects one's tribal culture.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Assessment

Objective: LO03 - Explain the factors that contribute to heritage consistency–culture, ethnicity, religion, acculturation, and socialization.

10. One of the most American cultural holidays is Thanksgiving. Customs and rituals most closely associated with this holiday include

1. public displays of worship.

2. eating specific foods.

3. participating in community singing.

4. dressing in ritual clothing.

Answer: B

Explanation: 1. Public displays of worship are not associated with Thanksgiving as an American holiday.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Implementation

2. Thanksgiving, more than any other American holiday, is associated with specific foods such as turkey, cranberry sauce, pumpkin pies and others. Culture is a sum of beliefs, habits, customs, and rituals that are passed through family and society.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Implementation

3. Participating in community singing is more associated with Christmas than Thanksgiving.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Implementation

4. Wearing ritual clothing is not a Thanksgiving characteristic.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Implementation

Objective: LO03 - Explain the factors that contribute to heritage consistency–culture, ethnicity, religion, acculturation, and socialization.

11. The Carnival season is unique in the United States as it is celebrated primarily in New Orleans and South Louisiana. Mardi Gras celebrations remain a staple of this area as an expression of its

1. socialization.

2. ethnicity.

3. religion.

4. culture.

Answer: D

Explanation: 1. Socialization is an important component of culture in that its members are socialized to roles. The Carnival season and Mardi Gras celebrations draw many visitors who come to celebrate the culture but remain outsiders to the socialization aspects of living in this culture.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Evaluation

2. Carnival season and Mardi Gras are not an ethnic celebration, but encompass the whole community and population.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Evaluation

3. While religion originally formed the basis of Carnival and Mardi Gras, it no longer provides the root for the season and celebrations that occur as part of it.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Evaluation

4. Culture depends on an underlying social matrix that contains beliefs, art, law, morals and custom. Culture is transmitted from generation to generation. Carnival festivities are an inherent part of the South Louisiana and New Orleans culture with New Orleans being most closely identified as the symbol of Mardi Gras.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Evaluation

Objective: LO03 - Explain the factors that contribute to heritage consistency–culture, ethnicity, religion, acculturation, and socialization.

12. Kwanzaa was created in the 1960s to raise awareness and pride for the African-American community. While its tenets can be applied to all people, this particular celebration was developed to celebrate a specific

1. religion.

2. cultural group.

3. ethnicity.

4. social class.

Answer: C

Explanation: 1. Religion is not a component of Kwanzaa, though there are some houses of worship that

incorporate Kwanzaa in their holiday worship. Kwanzaa was not begun as a religious celebration.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Implementation

2. Cultural group is not solely restricted to ethnicity. Cultural groups can have an ethnic background, but have other components to them beyond just ethnicity.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Implementation

3. Ethnicity refers to belonging to a particular ethnic group or ethnic pride, which Kwanzaa was specifically developed to highlight.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Implementation

4. Social class is not a component of Kwanzaa. It celebrates the proud heritage of all African American people.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Implementation

Objective: LO03 - Explain the factors that contribute to heritage consistency–culture, ethnicity, religion, acculturation, and socialization.

13. Parish Nursing is an aspect of nursing that is becoming more utilized. One of the bases of parish nursing is the premise that

1. it is easier to provide health services to a defined religious community.

2. illness is prevented through parish nursing.

3. members of a religion follow defined health practices.

4. a faith community has an impact on the health of its members.

Answer: D

Explanation: 1. Providing health services to a defined group can be easy or challenging depending on the group makeup and what services are required. Parish nursing is not based on this idea.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Assessment

2. Illness is not prevented through parish nursing, but the goal of parish nursing is to improve the spiritual as

well as physical health of members of a faith community.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Assessment

3. While religion can play a role in health beliefs and practices, it is not a definite conclusion that members of a religion all follow defined health practices.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Assessment

4. Religion plays an important role in people's health beliefs and practices . Parish nursing is a component of nursing that addresses the holistic health concerns of members of a specific religious community in order to have that community achieve good outcomes in spiritual and physical health.

Cognitive Level: Application

Client Need: Health promotion and maintenance

Nursing Process: Assessment

Objective: LO03 - Explain the factors that contribute to heritage consistency–culture, ethnicity, religion, acculturation, and socialization.

14. There are religions whose beliefs prohibit certain health interventions. The use of blood products as a health intervention is prevented by which religion?

1. Judaism

2. Roman Catholic

3. Jehovah's Witnesses

4. Church of God in Christ

Answer: C

Explanation: 1. Judaism has no injunctions prohibiting the use of blood or blood products to sustain life.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Assessment

2. Roman Catholicism has no injunctions against the use of blood or blood products to sustain life.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Assessment

3. Jehovah's Witnesses prohibit the use of blood and blood products as a health intervention citing biblical

passages that state life given by God must not be sustained by the taking in of blood.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Assessment

4. Church of God in Christ has no injunctions prohibiting the use of blood or blood products to sustain life.

Cognitive Level: Knowledge

Client Need: Psychosocial integrity

Nursing Process: Assessment

Objective: LO03 - Explain the factors that contribute to heritage consistency–culture, ethnicity, religion, acculturation, and socialization.

15. After the Vietnam War, many Vietnamese immigrated to the United States and settled in areas where they could maintain many of the cultural customs and traditions of Vietnam, including festivals, Saturday schools to educate the children in the Vietnamese language and planting communal gardens. This is an example of

1. acculturation.

2. religious preference.

3. socialization.

4. heritage consistency.

Answer: D

Explanation: 1. Acculturation is the process of adapting to or becoming absorbed into a dominant culture.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Evaluation

2. Religious preference is a choice of groups, and while some immigrant communities may form based on religious preference, in the example of the Vietnamese communities, religious preference is secondary to the heritage consistency as Americans of Vietnamese origin practice many different religions.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Evaluation

3. Socialization is the process of being raised within a culture and acquiring the characteristics of that group.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Evaluation

4. Factors indicating heritage consistency include settling within an ethnic community, participation in ethnic

cultural events and traditional activities. There are many examples of Vietnamese communities in the United States that continue to follow a heritage consistency of their culture to maintain the cultural traditions and ties for subsequent generations.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Evaluation

Objective: LO03 - Explain the factors that contribute to heritage consistency–culture, ethnicity, religion, acculturation, and socialization.

16. It is not uncommon in the American culture to be exhorted to eat chicken noodle soup when ill. This tradition arises from

1. the blending of hot and cold foods to be eaten when ill.

2. a Western tradition noting benefits from chicken noodle soup.

3. the observation that people feel better after eating chicken noodle soup.

4. the fact that chicken soup helps cure many illnesses.

Answer: B

Explanation: 1. The blending of hot and cold foods to be eaten when ill is a concept more rooted in the Eastern tradition and not the Western tradition of food culture.

Cognitive Level: Comprehension

Client Need: Health promotion and maintenance

Nursing Process: Implementation

2. A Western tradition noting benefits from chicken noodle soup. Western tradition has ingrained chicken noodle soup as an effective treatment for many illnesses, such as colds and flu. Modern soup company advertising has created chicken noodle soup as an illness-helping icon and firmly rooted it in American households.

Cognitive Level: Comprehension

Client Need: Health promotion and maintenance

Nursing Process: Implementation

3. The observation that people feel better after eating chicken noodle soup. People usually do feel better after consuming soup when ill, but this is not solely restricted to chicken noodle soup.

Cognitive Level: Comprehension

Client Need: Health promotion and maintenance

Nursing Process: Implementation

4. The fact that chicken soup helps cure many illnesses. More and more scientific knowledge is being gained

from study of chicken noodle soup as an effective method in treating some health conditions, but there is no evidence that it is a cure.

Cognitive Level: Comprehension

Client Need: Health promotion and maintenance

Nursing Process: Implementation

Objective: LO04 - Explain acculturation themes.

17. It is not uncommon that those entering a health profession begin to speak in the jargon or language of that profession. This is an aspect of

1. acculturation.

2. heritage consistency.

3. ethnicity.

4. socialization.

Answer: D

Explanation: 1. Acculturation is involuntary where a non-dominant member of a culture adapts to the new culture in order to survive.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

2. Heritage consistency addresses the degree to which one's lifestyle reflects a respective tribal culture.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

3. Ethnicity refers to belonging to a particular ethnic group of origin.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

4. Socialization is the process of being raised in a culture and acquiring characteristics of that group. There is a specific health culture in the United States and beginning members of this culture may take on those characteristics of it, speaking in the jargon of health language that can be considered foreign to those not within the culture.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

Objective: LO04 - Explain acculturation themes.

18. An example of acculturation could be

1. engaging in activities with members of the family's preferred social group.

2. the insistence of speaking the family's language or origin at home.

3. a person assuming an Americanized name rather being called by his/her given ethnic name.

4. moving away from the family of origin.

Answer: C

Explanation: 1. Engaging in activities with the members of the family's preferred social group is a component of heritage consistency.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

2. Speaking the family language of origin at home relates to heritage consistency □ maintaining aspects of a family's culture and traditions.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

3. Assuming an Americanized name rather than being called by a given ethnic name is an example of acculturation, assimilating characteristics of the dominant culture, such as a name, rather than being identified as a member of a non-dominant culture.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

4. Moving away from the family of origin does not necessarily represent a change in culture.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

Objective: LO04 - Explain acculturation themes.

19. There is increasing debate within the United States about declaring English as the national language. Proponents mandating this move assert that this will result in _____ of immigrant groups in this country.

1. acculturation

2. enforced socialization

3. ethnic blending

4. cultural assimilation

Answer: D

Explanation: 1. Acculturation is involuntary in nature where the non-dominant cultural member is forced to learn the new culture to survive. While declaring English as the national language could result in acculturation, it would only be acculturation if all residents of the United States did learn English.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Assessment

2. Socialization is the process of being raised within a culture and acquiring the characteristics of that group. Declaring English as a national language is not enforced socialization.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Assessment

3. Ethnic blending would be the blending of ethnic groups and is not assimilation.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Assessment

4. Cultural assimilation is one form of assimilation where all become members of the dominant culture. There is an increasing national debate for declaring English as the national language in an attempt to have all U.S. residents, legal and non-legal, become assimilated to the dominant culture.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Assessment

Objective: LO04 - Explain acculturation themes.

20. In attempting to determine what is important in one's social heritage, it is important to consider the

1. current events that are occurring now.

2. ancestral background of the person.

3. symbols and icons of that particular generation.

4. education and health the person has experienced.

Answer: C

Explanation: 1. Current events that are occurring now can have an affect on a social heritage, but are more in the here and now, not the events that influenced the person while growing up

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Assessment

2. Ancestral background creates a cultural heritage but may not have an impact on the social heritage.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Assessment

3. Symbols and icons of that particular generation are representatives of one's social heritage.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Assessment

4. Education and health the person has experienced affect how a person views their world but are not representative of one's social heritage.

Cognitive Level: Comprehension

Client Need: Psychosocial integrity

Nursing Process: Assessment

Objective: LO05 - Determine and discuss sociocultural events that may influence the life trajectory of a given person.

21. A seminal event in the boomer generation that can still elicit comment today is the question

1. "How did the Challenger tragedy affect you?"

2. "Do you remember Pearl Harbor?"

3. "Where were you when John F. Kennedy was shot?"

4. "What were you doing on September 11, 2001?"

Answer: C

Explanation: 1. The explosion of the Challenger space shuttle is a seminal event in the lives of Generation X, as it occurred in 1986.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Assessment

2. Pearl Harbor was the event heralding U.S. involvement in World War II and the generations that remember it are in their 70s and older, which is not the boomer generation.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Assessment

3. The boomer generation were high school and elementary school age when Kennedy was assassinated. This watershed in their history was followed by a time of social upheaval.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Assessment

4. 9/11 was a pivotal event in many people's lives and not restricted to one generation.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Assessment

Objective: LO05 - Determine and discuss sociocultural events that may influence the life trajectory of a given person.

22. Generally speaking, those people born prior to 1982 have incorporated aspects of computers and other digital technology into their lives, rather than always having them be there. People who are still learning new technologies can be considered digital

1. immigrants.

2. non-natives.

3. refugees.

4. natives.

Answer: A

Explanation: 1. Digital immigrants are those people generally born before 1982 that are learning new technologies and have not always been surrounded by computers, iPods, cell phones, etc.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: Assessment

2. Digital non-natives is not a term used to describe any level of technological ability.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: Assessment

3. Digital refugees are those who resist learning any technology beyond what they have already known since college or high school. They avoid computers and digital technology.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: Assessment

4. Digital natives are those generally born after 1982 who have grown up with the modern digital and computer technologies and instinctively know how to use and apply these technologies.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: Assessment

Objective: LO05 - Determine and discuss sociocultural events that may influence the life trajectory of a given person.

23. A complaint of the boomer generation about the following generations regards work ethic. The "nester" generation born between 1979 and 1984 is more likely to embrace an ethic

1. of employer loyalty.

2. seeking to fit their lifestyle.

3. loyal to one's skills in the marketplace.

4. seeking maximum financial gain.

Answer: B

Explanation: 1. Employer loyalty was a work ethic characteristic of the "pre-boomer" generation born between 1934-1945.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: Assessment

2. The generation born between 1979-1984, the "nesters," look at accommodating their lifestyle as a dominant factor in their work ethic.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: Assessment

3. Loyalty to one's marketplace skills is a characteristic of the "busters" generation born between 1969-1978.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: Assessment

4. Seeking maximum financial gain is a characteristic of the boomer generation born between 1946-1959.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: Assessment

Objective: LO05 - Determine and discuss sociocultural events that may influence the life trajectory of a given person.

24. The best outcome for health care facilities incorporating cultural care into their practices is

1. increased numbers of clients seeking care at these facilities.

2. increased reimbursement by insurance companies for provided health services.

3. improved health outcomes for the clients at these facilities.

4. better health care provided by the facility's staff.

Answer: C

Explanation: 1. Increased numbers of clients seeking care at these facilities. There is a possibility that cultural care would result in an increase of clients seeking services at a facility, but many other factors can play into whether or not clients seek care at a particular facility, not only cultural care.

Cognitive Level: Synthesis

Client Need: Safe, effective care environment

Nursing Process: Evaluation

2. Increased reimbursement by insurance companies for provided health services. Cultural care is not a measure that is reimbursable by insurance companies.

Cognitive Level: Synthesis

Client Need: Safe, effective care environment

Nursing Process: Evaluation

3. Improved health outcomes for clients at these facilities represent the best outcome when cultural care is provided.

Cognitive Level: Synthesis

Client Need: Safe, effective care environment

Nursing Process: Evaluation

4. Better health care provided by a facility's staff is not solely dependent on using cultural care.

Cognitive Level: Synthesis

Client Need: Safe, effective care environment

Nursing Process: Evaluation

Objective: LO06 - Explain the factors involved in the cultural phenomena affecting health.

25. Nurses can be guilty of ethnocentrism in their profession if they

1. are ambivalent to health concerns groups beyond their dominant social group.

2. will only care for members of their own ethnic group.

3. see nursing as the only method to address health concerns.

4. are willing to acknowledge other methods beyond nursing to address health concerns.

Answer: C

Explanation: 1. Ambivalence to health concerns beyond their dominant social group is indifference and can be a form of discrimination.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: implementation

2. Willingness to care only for the members of their own ethnic group can be a form of racism.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: implementation

3. Ethnocentrism is a belief that one's own cultural, ethnic, or professional group is superior to that of others. Nurses who view nursing as the only method of addressing health concerns exhibit ethnocentrism.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: implementation

4. Being willing to acknowledge other methods to address health concerns is an aspect of cultural acceptance.

Cognitive Level: Analysis

Client Need: Psychosocial integrity

Nursing Process: implementation

Objective: LO06 - Explain the factors involved in the cultural phenomena affecting health.

26. Certain cultures place emphasis on eating specific foods during pregnancy and after childbirth to ensure a healthy mother and infant. This cultural phenomena is an example of

1. social organization.

2. biological variation.

3. environmental control.

4. time orientation.

Answer: C

Explanation: 1. Social organization is the social environment where people grow up and live. While certain foods may be characteristic of specific social organizations, it is not a practice that is dependent on cultural expectations for health.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

2. Biological variations are the physical and genetic ways that cultural groups may differ from one another. Consumption of specific foods is not a biological variation.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

3. Environmental control is the ability of members of a particular cultural group to plan activities that control nature or direct environmental factors. The eating of specific foods during pregnancy and after childbirth is an important component of some cultures as it is believed to have a direct impact on the health of the mother and the infant.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

4. Time orientation refers to how time is viewed by a cultural group, whether it is oriented toward the present, past or future. Specific food consumption is not affected by time orientation.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

Objective: LO06 - Explain the factors involved in the cultural phenomena affecting health.

27. Touch is an important component of nursing, but using it without understanding the client's cultural background can be a violation of their

1. environmental control.

2. space and territoriality.

3. time orientation.

4. social organization.

Answer: B

Explanation: 1. Environmental control addresses activities controlling nature or directing environmental factors.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Planning

2. Space and territoriality are influenced by culture and must be understood by nurses when utilizing touch to convey concern. If not used appropriately, touch can give offense to the client.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Planning

3. Time orientation is not affected by the use of touch.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Planning

4. Social organization is an influence on use of touch within a cultural group, but the use or misuse of it is not a violation of social organization.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Planning

Objective: LO06 - Explain the factors involved in the cultural phenomena affecting health.

28. Before doing any teaching it is important the client understands what is being taught. The most effective method to determine if the client understands any health teaching is by

1. ask the client if they understand what was said in the teaching.

2. having the client repeat back what was said in his/her own words.

3. speaking slowly and carefully to the client.

4. interpreting the client's facial gestures.

Answer: B

Explanation: 1. Asking the client whether or not they understand what was taught could lead the client to answer yes to avoid the embarrassment of admitting they didn't understand.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

2. Having the client repeat back in his/her own words what was being taught is the best method to determine client understanding.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

3. Speaking slowly and carefully to the client may be offensive if the client feels they are being spoken down to.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

4. Interpreting the client's facial gestures may not give a clear communication by the client of what was taught.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Implementation

Objective: LO06 - Explain the factors involved in the cultural phenomena affecting health.

29. An important consideration when making a home health visit to a client is to

1. give a general idea of when the visit will be made.

2. bring a gift to the client's home on the initial visit.

3. inform the client the approximate time the visit will be made.

4. just show up at the client's home.

Answer: C

Explanation: 1. Giving a general idea of when the visit will be made does not allow the client to plan other activities that may be important.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Planning

2. Bringing a gift to the client's home on the initial visit is not appropriate because it indicates that the home health visit is more of a social visit than a professional visit .

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Planning

3. Informing the client the approximate time the visit will be made will let them know when the visit will occur.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Planning

4. Just showing up to a client's home without prior notification can endanger the client relationship as it does not show respect for the client.

Cognitive Level: Application

Client Need: Psychosocial integrity

Nursing Process: Planning

Objective: LO06 - Explain the factors involved in the cultural phenomena affecting health.

30. Native Americans have a higher susceptibility to diabetes than other population groups within the United States. This is considered a(n)

1. biological variation.

2. environmental control.

3. component of heritage consistency.

4. social organization pattern.

Answer: A

Explanation: 1. A higher susceptibility to a disease or other genetic variation is a biological variation that affects health.

Cognitive Level: Application

Client Need: Physiological integrity

Nursing Process: Planning

2. A higher susceptibility to a disease is not an aspect of environmental control, though the usage of environmental controls can have a role in its prevention.

Cognitive Level: Application

Client Need: Physiological integrity

Nursing Process: Planning

3. Heritage consistency addresses a lifestyle reflective of a tribal culture, but is not a biological impact on disease or illness.

Cognitive Level: Application

Client Need: Physiological integrity

Nursing Process: Planning

4. Social organization has no affect on a biological variation for disease or illness.

Cognitive Level: Application

Client Need: Physiological integrity

Nursing Process: Planning

Objective: LO06 - Explain the factors involved in the cultural phenomena affecting health.

1. B
2. B
3. A
4. A
5. B
6. B
7. A
8. D
9. D
10. B
11. D
12. C
13. D
14. C
15. D
16. B
17. D
18. C
19. D
20. C
21. C
22. A
23. B
24. C
25. C
26. C
27. B
28. B
29. C
30. A